

CHILDREN'S DHAMMA

PROGRAM - 01

Namo Buddhaya!!

Dear meritorious children,

Today we are going to learn about the 1st quality of our great teacher, Supreme Buddha.

The 1st quality of the Supreme Buddha is,

“Arahant”

- ❖ There was no desire in the supreme Buddha's mind, unlike us.
- ❖ There was no hatred in the supreme Buddha's mind, unlike us.
- ❖ There was no delusion in the supreme Buddha's mind, unlike us.
- ❖ Therefore, the supreme Buddha had a pure mind.
- ❖ The supreme Buddha never thought any evil thoughts.
- ❖ The supreme Buddha never spoke any evil words.
- ❖ The supreme Buddha never did any evil actions.
- ❖ He never did evil things even in secrecy.

That is why, we say the supreme Buddha is an **Arahant**.
May my homage be to the supreme Buddha who is an **Arahant!!!**

Μαηαμεπωναω Βυδδηιστ Νυνσά Χεντρε □ Μελβουρνε. Τελ: 039
748 786



How to gain a long life

Dear meritorious children,

There was a little baby during the supreme Buddha's time. His parents had known from an ascetic that their baby will die after 7 days. So, they accompanied their baby to the supreme Buddha and told this story. The supreme Buddha said "Yes...., a demon named Awaruddaka will come and eat your son after 7 days.

The parents started to cry and asked for help from the Supreme Buddha. So, from the next day, the Supreme Buddha's disciples came to his home and started to chant paritta (Dhamma). On the 7th day the Supreme Buddha himself came to that home.

Demon Awaruddaka came to kill the baby. But he was unable to enter the home because of the power of the Supreme Buddha and Maha Sanga. Therefore, he couldn't kill the baby. Finally, he gave up his idea and went away.

On the 8th day morning, the parents made their baby worship the Supreme Buddha.

They asked the Supreme Buddha "Supreme Buddha for how long will our son live now?"

The Supreme Buddha said, "Your son will live for 120 years."

Yes...The lifespan of the baby had increased. Why...? because of the merit collected by worshipping Supreme Buddha and the Maha Sanga. Therefore, he was called prince "Ayuwaddana"- one with **increased lifespan**.

**"Abhiwadana seelisa
Niccan Waddapacaino
Cattaro Dhamma Waddanti
Ayu, Wanno, Sukan, Balan"**

"For one who is in the habit of constantly honoring and respecting elders and paying homage to venerable monks, gains four things in life long life, beauty, happiness, strength"

So, Dear meritorious children,

If you worship to the Supreme Buddha and the Maha Sanga your lifespan, beauty, happiness, and strength will also be increased.

